



LONGTERM OUTCOMES - Maintenance

Youth will utilize confidence, developed through goal achievement and skill building, to commit to exiting the streets

Youth will exit the streets to a safe and stable environment

Youth will maintain self-sufficient living through utilizing appropriate supports, services and skills

INTERMEDIATE OUTCOMES—Preparation/Action

Youth will set personal goals, aimed at increasing self-sufficiency

Youth will develop hard skills to aid in self-sufficiency such as resume writing, interviewing, study skills, home maintenance, and hygiene

Youth will develop soft skills to aid in self-sufficiency such as communication, conflict resolution, healthy coping skills, and setting personal boundaries

Youth will create networks of support

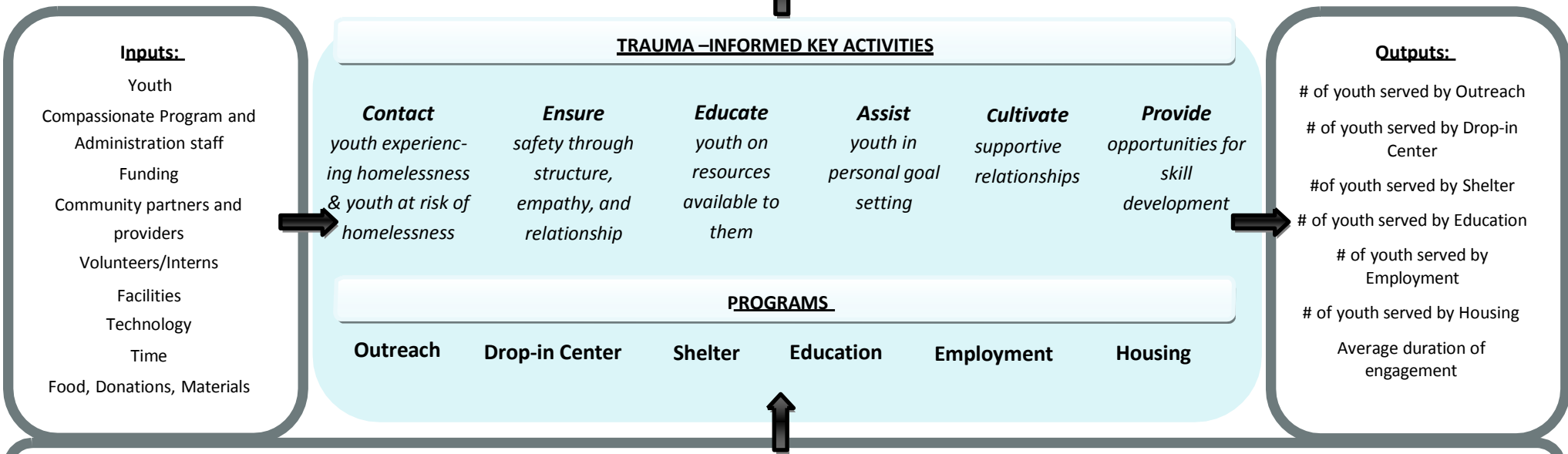
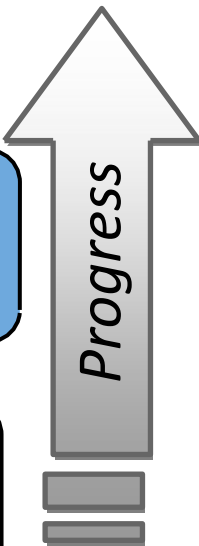
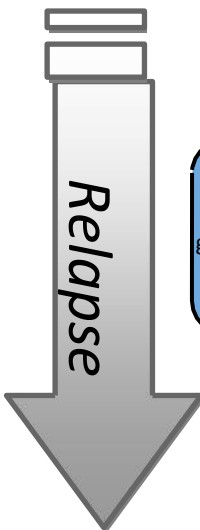
Youth will experience a decrease in the severity of their trauma symptoms

SHORT TERM OUTCOMES—Pre-Contemplation/Contemplation

Youth will gain exposure and knowledge of resources and services available to them through Urban Peak and community partners

Youth will develop healthy relationships with Urban Peak staff

Youth will increase interest and gain motivation in actively participating in Urban Peak programming



Mission: Urban Peak helps youth experiencing homelessness and youth at risk of becoming homeless overcome real life challenges by providing essential services and a safe community, empowering them to become self-sufficient adults.

Assumptions: Youth will have their basic needs met at Urban Peak; Urban Peak is a safe environment for youth; Youth will experience progress and relapses on their journey to self-sufficiency.