

# **URBAN PEAK**

2013 Urban Peak



**LONGTERM OUTCOMES - Maintenance** 

Youth will utilize confidence, developed through goal achievement and skill building, to commit to exiting the streets

Youth will exit the streets to a safe and stable environment

Youth will maintain self-sufficient living through utilizing appropriate supports, services and skills

## **INTERMEDIATE OUTCOMES—Preparation/Action**

Youth will set personal goals, aimed at increasing self-sufficiency

Youth will develop hard skills to aid in self-sufficiency such as resume writing, interviewing, study skills, home maintenance, and hygiene

Youth will develop soft skills to aid in self-sufficiency such as communication, conflict resolution, healthy coping skills, and setting personal boundaries

Youth will create networks of support Youth will experience a decrease in the severity of their trauma symptoms

## SHORT TERM OUTCOMES—Pre-Contemplation/Contemplation

Youth will gain exposure and knowledge of resources and services available to them through Urban Peak and community partners

Youth will develop healthy relationships with **Urban Peak staff** 

Youth will increase interest and gain motivation in actively participating in Urban Peak programming



#### Inputs:

Youth

Compassionate Program and Administration staff

**Funding** 

Community partners and providers

Volunteers/Interns

**Facilities** 

Technology

Time

Food, Donations, Materials

# TRAUMA - INFORMED KEY ACTIVITIES

Contact youth experiencing homelessness & youth at risk of

homelessness

Ensure safety through structure, empathy, and relationship

**Educate** youth on resources available to them

Assist youth in personal goal setting

supportive relationships

Cultivate

Provide opportunities for skill

#of youth served by Shelter development

# of youth served by Education

# of youth served by Employment

**Qutputs:** 

# of youth served by Outreach

# of youth served by Drop-in

Center

# of youth served by Housing

Average duration of engagement

# **PROGRAMS**

Outreach **Drop-in Center**  Shelter

**Education** 

**Employment** 

Housing

Mission: Urban Peak helps youth experiencing homelessness and youth at risk of becoming homeless overcome real life challenges by providing essential services and a safe community, empowering them to become self-sufficient adults.

Assumptions: Youth will have their basic needs met at Urban Peak; Urban Peak is a safe environment for youth; Youth will experience progress and relapses on their journey to self-sufficiency.

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