



HUNTER USG G-BLAST

IMPORTANT ANNOUNCEMENTS

Welcome to the Fall 2020 semester!

Counseling & Wellness Services (CWS) provides free and confidential virtual short-term counseling to help address a range of issues that may affect your academic performance and/or emotional health, including anxiety, sadness, adjustment to college, and relationship difficulties. They also offer crisis services to assist with more immediate, time-sensitive concerns. We encourage you to email them in order to schedule an appointment. CWS will also hold a variety of virtual drop-in support groups, informational sessions, and workshops throughout the semester. Workshop description and registration information can be found [here](#).

Looking for new ways of managing your stress? Join CWS on Wednesday, September 16th from 1:00 - 2:30 PM for a virtual 'Stress Management: Strategies for Success' workshop where you will learn to better manage your stress levels and reverse unhealthy coping behaviors.

They will discuss healthy methods of coping and will equip you with solid strategies to combat the stress in your daily life. This workshop is designed for undergraduate and graduate students who wish to better manage their stress levels.

Make sure to [reserve your seat](#).



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Due to the lack of online voter registration here in New York City for people without a Driver's License, Permit, or State ID, NYPIRG is partnering with CUNY Votes, NYC Votes, and USS to mail YOU a voter registration form!

If you are a CUNY student and you do not have a Driver's License, Permit, State ID or a printer, you can request a Voter Registration Form to be mailed home to you by using this [link](#).

If you do have a Driver's License, Permit, or State ID, please visit the [DMV portal](#) to register to vote by Friday, October 9.

If you have a home printer, you can register right now by downloading a form [here](#), filling it out and mailing it to your local Board of Elections by Friday, October 9.

The deadline to request a voter registration form be mailed to your address is September 24. For more information about registering to vote visit nypirg at nypirgstudents.org/democracy

Questions regarding your form or about Election Day? NYPIRG is hosting Virtual Voter Registration Office Hours weekly: Follow them on [instagram](#) and catch them Live on Fridays at 12PM.



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The Roosevelt House Human Rights and Public Policy Programs invite you to the Fall 2020 Roosevelt House Virtual Open House on Wednesday, September 16, 2020, at 1:15pm via Zoom. The Zoom Link is: zoom.us/j/81037889016

The annual Open House offers students a chance to learn more about the Roosevelt House academic programs, including the Human Rights Program's (HRP) and Public Policy Program's (PPP) Minor and Certificate tracks for undergraduate students. Students will have an opportunity to meet with Roosevelt House staff and faculty, network with one another, and hear from students already progressing in each program.

RSVP is required. RSVP through this link: forms.gle/JiQ1FUWFLYRhaWNP7

Below is also a link to Hunter's website. It has a lot of great updated information for fall. How you can reserve study spaces, if you need to get an ID, food pantry locations, hours for some offices, etc. I would recommend bookmarking it!

<https://hunter.cuny.edu/fof/information-for-students/>

This semester, we also invite our Hunter community to read one book that complements our efforts to confront racism, provides a framework for understanding structural racism, and encourages a culture of understanding and civil discourse by bringing people together around inspiring works of literature.

<https://hunter.cuny.edu/hunter-community-read>